

UNIVERSITY OF NORTHERN IOWA
WELLNESS AND RECREATION SERVICES (WRS)

ANNUAL REPORT
JULY 1, 2013 – JUNE 30, 2014

Wellness and Recreation Services *At-a-Glance*:

MISSION: To enhance the personal, professional and academic lives of university students, faculty, and staff through structured and self-directed activities, educational programs and services, skill and leadership building activities, and campus-wide initiatives. WRS staff is committed to being leaders in fostering healthy lifestyles among members of the UNI campus community.

STAFF: Director, three Associate Directors, eight Program Coordinators, a licensed Massage Therapist, two Secretaries, an Office Coordinator, and over 350 Student Employees.

SERVICES: Aquatics & Certifications, Wellness, Informal Recreation, Intramural Sports, Outdoor Recreation, Personal & Instructional Fitness, Sport Clubs, Massage Therapy, Youth Programming, and Violence Intervention and Substance Abuse Services.

The Year in Review:

- WRS staff completed eight months for program review for both Wellness and Recreation within WRS, using the CAS Professional Standards for Higher Education. Goals have been set for FY15 as a result of that review to continue program improvement.
- Approval, funding, and plans have been identified and implemented for the installation of lights for outdoor recreation fields. Construction is underway. This enhancement will allow programming to continue after dark for Intramurals Sports and Sport Club participants.
- Searches have been completed for an Aquatics/Certification program coordinator (a position open since resignation of staff member in spring 2013) and a Health Promotion coordinator (new position to carry out certain responsibilities related to the retirement of WRS director Kathy Green).
- WRS staff participated in two internal audits, one of Intramural and Sport Clubs (as related to student organizations) and one of general WRS policies/procedures and financial management. Recommendations from the audits were minor and have been implemented.
- With leadership by Wellness staff, the Healthy Campus Coalition collaborated on a variety of initiatives to advance the health, wellbeing, and success of UNI students.
- WRS Director Kathy Green retired after working 25 years in campus wellness at UNI. Going forward, Mark Rowe-Barth was selected to provide leadership to Student Wellness Services and Chris Denison was selected to lead Recreational Services.
- Youth Programming was an area of great growth under the leadership of Sport Club Coordinator Sean Willett.
- Fees to participate in Intramural Sports were successfully implemented fall 2013; staff cooperation and use of IM Leagues for registration, communication, and program management facilitated that success.
- WRS successfully completed its first year in providing oversight to rental of the Nielsen Fieldhouse, in partnership with the office of Administrative and Financial Services
- 900 students participated in Mentors in Violence Prevention workshop this past year.
- The number of students receiving individualized educational or evaluative interventions related to the topic of alcohol or other drugs topics of alcohol and other drugs was 620.

WRC & Health Beat		
	2013/2014	2012/2013
Total Visits	265,246	282,545
Unique Users		
Students	7,790	8,166
Faculty/Staff	203	203
Others	222	194

Sports Clubs		
	2013/2014	2012/2013
Number of Clubs	26	27
Club Members	498	495

Fitness/Leisure Classes		
	2013/2014	2012/2013
Total Registered		
Fall	760	913
Spring	769	1,017
Summer	130	139
Total	1,659	2,069
Unique Students		
Fall	654	793
Spring	652	880
Summer	42	47
Unique Faculty/Staff/Other		
Fall	106	120
Spring	117	137
Summer	88	92

Intramural Sports		
	2013/2014	2012/2013
Total Participations	13,655	20,206
Unique Students	1,776	2,314

Outdoor Recreation		
	2013/2014	2012/2013
Trip participants	222	294
Belay Clinic Participants	263	212
Rentals	431	464
Climbing Wall Usage (monthly average)		
Academic year	5,729	1,816
Summer	647	352

Personal Training		
	2013/2014	2012/2013
Total Sessions	1,498	1304
Unique		
Students	38	26
Faculty/Staff/Other	59	40

WRS Facility Rentals		
	2013/2014	2012/2013
Gross Income	\$106,922	\$102,064
Net Income	\$57,005	\$55,942

	2013/2014	2012/2013
Mentors in Violence Prevention Workshops	900	1369
Individualized alcohol or other drug Education or evaluative intervention	620	766
Learn-to-Swim: Children of Students, Faculty Staff & Alumni	728	652
Youth Camps/Clinics:		
Red Cross Training:	903	874
Multi-Cultural Student Employees	28	31