AQUATICS & RED CROSS CERTIFICATIONS

SPRING 2021

Gain skills and certification through group classes. Offered at the WRC throughout the semester. To schedule a private group class, please call UNI Certifications in the WRC office at (319) 273-7263.

Certifications

Students must attend all three days to receive certification

CPR

CPR/AED for the Professional Rescuer
12pm – 6pm, April 11th, WRC 150
$90 – UNI Student
$95 – Non-UNI Student
This course provides the skills needed to respond appropriately to breathing and cardiac emergencies. This includes the use of automated external defibrillation to care for victims of cardiac arrest.

CPR/AED for the Professional Rescuer – Review
5pm – 9pm, April 14th, WRC 150
$60 – UNI Student
$65 – Non-UNI Student
This course is a renewal for those who hold a current (within 30 days) CPR/AED for the professional rescuer certificate (or equivalent).

Combo Class – Save $25!
CPR/AED for the Professional Rescuer, First Aid, and Bloodborne Pathogens
11am – 6pm, February 21st WRC 150
8am – 3pm, April 10th, WRC 150
$145 – UNI Student
$160 – Non-UNI Student
This course will combine CPR/AED for the Professional Rescuer, First Aid, and Bloodborne Pathogens Training: Preventing Disease Transmission. By taking this course you will receive three separate certifications.

Community CPR (Adult CPR/AED)
5pm – 9pm, February 24th WRC 150
$85 – UNI Student
$90 – Non-UNI Student
Gain the skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in adults until EMS arrives.

Community CPR
(Adult, Child, and Infant CPR/AED)
5pm – 9pm, March 22nd, WRC 150
$80 – UNI Student

$85 – Non-UNI Student
Gain the skills necessary to prevent, recognize, and provide basic care for breathing and cardiac emergencies in adults, children, and infants until EMS arrives.

First Aid

First Aid
5pm – 9pm, March 1st, WRC 150
6pm – 9pm, April 7th, WRC 150
$55 – UNI Student
$60 – Non-UNI Student
This course is a renewal for those who hold a current (within 30 days) CPR/AED for the Professional Rescuer. Must be at least 15 years of age before the end of the course.

Bloodborne Pathogens Training:
Preventing Disease Transmission
5pm – 6pm, April 7th, WRC 150
$30 – UNI Student
$35 – Non-UNI Student
Trains and provides individuals with an understanding of the intent of the Bloodborne Pathogens regulation issued by OSHA. The following topics will be covered: how disease transmission occurs, diseases of greatest concern, precautions to prevent disease transmission, and steps to take if an exposure occurs.

Aquatics

Lifeguard Training‡
February 8th – February 7th,
March 5th – 7th, March 26th – 28th,
April 16th – 18th, April 23rd – 25th,
May 7th – 9th, May 14th – 16th,
Friday 4pm – 10pm, WRC 150
Saturday 8am – 8pm, WRC 150
Sunday 8am – 6pm, WRC 150
$185 – UNI Student
$195 – Non-UNI Student
The lifeguarding program provides participants with knowledge and skills to prevent, recognize, and respond to aquatic emergencies. It also includes training in First Aid and CPR/AED for the Professional Rescuer. Must be at least 15 years of age before the end of the course.

Lifeguard Review
8am – 8pm, January 31st, WRC 150
8am – 8pm, February 28th, WRC 150
8am – 8pm, May 2nd, WRC 150
$105 – UNI Student
$110 – Non-UNI Student
This course is a renewal for those who hold a current (within 30 days) lifeguarding/CPR/AED/First Aid certificate. Includes CPR/AED and First Aid.

Private Lessons

Due to COVID-19, we are limiting our private lessons to participants who are currently at a Level 3 skill level and up. These lessons are separate from group lessons, and are offered any time the WRC is open for open rec hours. Lesson availability is based on instructor availability. There is a one participant to one instructor ratio, unless specified otherwise. Lessons are 30 minutes long. Students must be at least three years old to enroll.

Fees

UNI Students, Staff, Faculty, and WRC Paid Users
One child
one 30-minute lesson
$18
Two children
two separate back-to-back 30-minute lessons
$26
UNI Alumni
One child
one 30-minute lesson
$20
Two children
two separate back-to-back 30-minute lessons
$40

Questions? Contact me!
Katie McGrane,
Aquatics & Certifications
Program Assistant
(319) 273-7263
certifications@uni.edu
recreation.uni.edu/aquatics

Registration

To register or view registration policies and swim level information, visit visit recreation.uni.edu/certifications and recreation.uni.edu/aquatics