

PARTICIPATION

Open to all! Each event is open to students, graduate students, affiliates, alumni, faculty, and staff members of the University of Northern Iowa.

Play all semester! Purchase an Intramural Play Pass for \$20 to play in any & all intramurals during the semester! If you only want to play one team sport or a one day individual sport, pay \$5 for an individual sport and \$10 for a team sport.

MEN'S + WOMEN'S INTRAMURALS

Women's Leagues	Entries Due	Play Starts*
4 on 4 Volleyball	January 25	January 28
5 on 5 Basketball	March 21	March 25
Men's Leagues	Entries Due	Play Starts*
5 on 5 Basketball	January 25	January 28
4 on 4 Volleyball	January 25	January 28
Pickleball Doubles	March 21	March 24
Dodgeball (7 v 7)	March 21	March 25

CO-REC INTRAMURALS

Leagues	Entries Due	Play Starts*
4 on 4 Volleyball	January 25	January 28
5 on 5 Basketball	March 21	March 25
Pickleball Doubles	March 21	March 24
5 on 5 Unified Basketball	January 25	January 28
Dodgeball (7 v 7)	March 21	March 25

ALL TOURNAMENTS

Tournaments	Entries Due	Play Starts*
Women's 3-Point Competition	January 31	Jan. 29, Jan. 30, Jan. 31
Men's 3-Point Competition	January 31	Jan. 29, Jan. 30, Jan. 31
Open Spikeball Doubles	February 15	February 18
Open Intramural Chess	February 19	February 21
Women's March Madness Bracket Challenge	March 18	March 21
Men's March Madness Bracket Challenge	March 18	March 21
Men's 4 on 4 Indoor Flag Football	March 28	April 1
Open Aqua Golf	April 4	April 7
Men's 8.5ft Basketball Tournament	April 11	April 14
Co-Rec 4 on 4 Sand Volleyball	April 18	April 20, April 21
Open 4-Person Golf Scramble	April 24	April 28

***OPEN:** Means there are no gender restrictions, the team only needs to meet the minimum number of required players.

For More Information

Registration: All registration begins **January 16, 2024**. Register online at services.recreation.uni.edu/DivisionRegistration
Find more information on sports rules, descriptions, and officials' meetings online at recreation.uni.edu/intramural-sports

