Wallyball Rules

Wallyball IS A CONTACT SPORT AND INJURIES ARE A POSSIBILITY. INJURIES MAY OCCUR. PARTICIPATION IN THIS ACTIVITY ACKNOWLEDGES THE POTENTIAL FOR INJURY AND THE PARTICIPANT ACCEPTS AND UNDERSTANDS THE ASSUMPTION OF RISK. THE UNIVERSITY OF NORTHERN IOWA INTRAMURAL SPORTS ASSUMES NO RESPONSIBILITY FOR INJURIES; HOWEVER, BASIC FIRST AID WILL BE AVAILABLE.

Current National Federation of High School Associations Volleyball Rules, with the following exceptions will govern play.

MEN-WOMEN-CO-REC

ALL SPECTATORS MUST VIEW WALLYBALL FROM THE VIEWING AREAS BEHIND THE COURT.

TEAMS

MEN-WOMEN
Four (4) players constitute a team. A game may start with as few as two (2) players on a team.

CO-REC
A co-rec team will consist of four (4) players, two (2) males and two (2) females. A team may start a game with one (1) male and one (1) female. The number of males and females on the court must always be equal.

EQUIPMENT

1. All players must wear court shoes. Players will not be permitted to wear turf, black marring sole or any type shoe which creates marks on the court surface. Wellness and Recreation Center shoe policy must be followed. Shoes MUST BE WORN by all players.
2. The Wallyball net and ball will be provided by Intramural Sports.

GAME FORMAT

1. Each match will consist of winning the best two (2) out of three (3) games to fifteen (15) points with one team being one (1) point ahead of the opponent.
2. Only the serving team may score points.
3. There is no time limit.

GAME RULES

1. Start of Game: The Team Captain winning the coin toss shall have the option of serving or side.
2. If the match goes to a third game, the team with the most total points from the first two games shall have the choice of serve or side. If this total is a tie a coin toss will determine who has the choice.
3. In the third game as soon as one team reaches seven (7) points the teams will change sides of the court.
4. Out of Bounds: The ball shall be called out of bounds whenever it hits the ceiling or back wall on the opponent’s side or two or more walls consecutively on the serve, volley or block.
5. Back Wall In Play: The back wall is play only on the side of the team that is returning the service or volley, provided a player on that team touches the ball first.

6. Ceiling In Play: The ceiling is in-bounds only on the side of the team that is returning the serve or volley, provided that a player on that team touches the ball first.

7. The Serve: A Player in the RIGHT BACK position of the court shall put the ball in play by hitting it with one hand only in an attempt to send the ball over the net and into the opponent’s court. The serve is good if the ball passes over the net without touching a member of the serving team or the net. A served ball that hits a wall on either the serving team’s side or the receiving side is good provided the ball contacted only ONE wall (side wall only) before landing in the opponent’s court. The Server has five (5) seconds after he/she receives the ball to execute the serve. Service and Side will alternate for the second game.

8. Playing The Ball: Up to three (3) successive contacts with the ball is permitted each team in order to play the ball over the net and into the opponent’s court.

9. Playing Two or More Walls: Contacting two or more walls with the ball is permitted only by the team that is in possession of the ball on their own side. If the ball crosses the net after contacting two or more walls without making contact with a player, a side-out or loss of serve will be called.

10. Climbing the Wall to Block: Climbing the wall to block a set or serve is illegal.

11. Deflecting the Ball off the Back Wall: If a player contacts the ball in such a manner that the ball deflects off the back wall on his side of the court and goes over the net, the ball shall be considered alive and in play.

12. Co-Rec Play: In Co-Rec play, men and women shall alternate service.