Wellness & Recreation Services

You can make a difference!

University of Northern Iowa

You can make a difference!

Giving back through the UNI Foundation
Wellness and Recreation Services (WRS) offers a unique blend of opportunities to the campus and local community. The Wellness/Recreation Center (WRC) is a highly popular place for all ages.

WRS programs and services include:

- Adventure Trips and Clinics
- American Red Cross Certifications
- Aquatics
- Drop-in Fitness and Recreation
- Fitness and Leisure Classes
- Intramural Sports
- Massage Therapy
- Outdoor Equipment Rental
- Personal Training
- Rock Wall Climbing
- Sport Clubs
- Substance Abuse Services
- Violence Intervention Services
- Wellness Services
- Youth Programming

Through these programs and other initiatives, WRS actively supports University priorities of diversity, experiential learning, recruitment, retention, and sustainability. This is accomplished with a dozen professional staff, several graduate assistants, and more than 350 student employees. It is important to us that we make responsible, efficient use of both our financial and human resources.
Through these programs and other initiatives, WRS actively supports University priorities of diversity, experiential learning, recruitment, retention, and sustainability. This is accomplished with a dozen professional staff, several graduate assistants, and more than 350 student employees. It is important to us that we make responsible, efficient use of both our financial and human resources.

Wellness and Recreation Services (WRS) offers a unique blend of opportunities to the campus and local community. The Wellness/Recreation Center (WRC) is a highly popular place for all ages.

WRS programs and services include:

- send exceptional WRS student employees to professional conferences and workshops,
- provide stipend-based internship experiences for undergraduate wellness/recreation-related majors,
- offer graduate assistantships to exceptional students to enhance and expand the services we provide,
- fund need-based scholarships for our youth camps, clinics, and programs, or
- implement new and innovative programming to meet the changing needs and interests of our clientele.

We invite you to contribute, in small or large ways, to the WRS Development Fund.

Your tax-favored giving can help us to:

- send exceptional WRS student employees to professional conferences and workshops,
- provide stipend-based internship experiences for undergraduate wellness/recreation-related majors,
- offer graduate assistantships to exceptional students to enhance and expand the services we provide,
- fund need-based scholarships for our youth camps, clinics, and programs, or
- implement new and innovative programming to meet the changing needs and interests of our clientele.

To make a difference, please contact one of the WRS directors listed on the back of this brochure.

You can help us make a difference! You can help us make a difference!
There are various methods of tax-favored giving to WRS through the UNI Foundation, including estate planning. We invite you to explore the many ways you can make a difference. To learn more about gift opportunities, please contact us.