Wellness/Recreation Center and Health Beat Hours
Spring 2018
(spring semester hours begin Sunday, January 7, at 5:00pm)

**WRC open MLK, Jr. Day:** Monday, January 15, 6:00 am – 11:00 pm

**Spring Break hours:** March 12-16, 6:00 am – 6:30 pm (WRC closed March 10, 11 and 17) Resume spring semester hours, Sunday, March 18 at 5:00pm

**Easter weekend:** Sat., March 31, TBD & Sun., April 1, 5:00 - 11:00 pm

### Wellness/Recreation Center (Family Fees apply during Family hours)

**Activity Courts, Racquetball Courts, Fitness Area and Track:**
- M-Th: 6:00 am - 8:00 am, 12:00 pm - 1:00 pm, 3:00 pm - 11:00 pm
- F: 6:00 am - 8:00 pm
- Sa: 8:00 am - 6:00 pm
- Su: 1:00 pm - 11:00 pm

**Family Hours:**
- F: 5:00 pm - 8:00 pm
- Sa: 8:00 am - 6:00 pm
- Su: 1:00 pm - 8:00 pm

**Free Weight Room:**
- M-F: 6:00 am - 8:00 am
- M-Th: 12:00 pm - 10:00 pm
- F: 12:00 pm - 5:00 pm
- Sa: 1:00 pm - 6:00 pm
- Su: 3:00 pm - 10:00 pm

**Climbing Wall:**
- M-Th: 4:00 pm - 10:00 pm
- F: 4:00 pm - 8:00 pm
- Sa: 1:00 pm - 5:00 pm
- Su: 7:00 pm - 10:00 pm

**Leisure Pool:**
- M-Th: 7:00 pm - 10:00 pm
- F: 5:00 pm - 7:30 pm
- Sa: 12:00 pm - 5:00 pm
- Su: 3:00 pm - 8:00 pm

**Lap Pool:**
- M/W/F: 6:00 am - 7:50 am
- M-F: 11:30 am - 1:00 pm *
- M-Th: 5:00 pm - 9:00 pm **
- F: 5:00 pm - 7:30 pm
- Sa: 12:00 pm - 5:00 pm
- Su: 3:00 pm - 8:00 pm

* Pool shared w/ KAHHS class until 12:00 pm
** Pool shared w/ Swim Lessons

**Outdoor Recreation Office**
- M & F: 9:00 am - 5:00 pm
- T, W, Th: 12:00 – 5:00 pm

**Health Beat – Maucker Union**
- M – Th: 6:30 am - 6:30 pm
- F: 11:00 am - 2:00 pm

(hours resume Jan. 8-closed MLK day, Jan. 15)