

Wellness/Recreation Center and Health Beat Hours Spring 2018

(spring semester hours begin Sunday, January 7, at 5:00pm)

WRC open MLK, Jr. Day: **Monday, January 15, 6:00 am – 11:00 pm**

Spring Break hours: **March 12-16, 6:00 am – 6:30 pm (WRC closed March 10, 11 and 17) Resume spring semester hours, Sunday, March 18 at 5:00pm**

Easter weekend: **Sat., March 31, TBD & Sun., April 1, 5:00 - 11:00 pm**

Wellness/Recreation Center (Family Fees apply during Family hours)

Activity Courts, Racquetball Courts, Fitness Area and Track:

M-Th 6:00 am - 8:00 am
12:00 pm - 1:00 pm
3:00 pm - 11:00 pm
F 6:00 am - 8:00 pm
Sa 8:00 am - 6:00 pm
Su 1:00 pm - 11:00 pm

Family Hours:

F 5:00 pm - 8:00 pm
Sa 8:00 am - 6:00 pm
Su 1:00 pm - 8:00 pm

Free Weight Room:

M-F 6:00 am - 8:00 am
M-Th 12:00 pm - 10:00 pm
F 12:00 pm - 5:00 pm
Sa 1:00 pm - 6:00 pm
Su 3:00 pm - 10:00 pm

Climbing Wall:

M-Th 4:00 pm - 10:00 pm
F 4:00 pm - 8:00 pm
Sa 1:00 pm - 5:00 pm
Su 7:00 pm - 10:00 pm

Leisure Pool:

M-Th 7:00 pm - 10:00 pm
F 5:00 pm - 7:30 pm
Sa 12:00 pm - 5:00 pm
Su 3:00 pm - 8:00 pm

Lap Pool:

M/W/F 6:00 am - 7:50 am
M-F 11:30 am - 1:00 pm *
M-Th 5:00 pm - 9:00 pm **
F 5:00 pm - 7:30 pm
Sa 12:00 pm - 5:00 pm
Su 3:00 pm - 8:00 pm

Outdoor Recreation Office

M & F 9:00 am - 5:00 pm
T,W,Th 12:00 – 5:00 pm

* Pool shared w/ KAHHS class until 12:00 pm

** Pool shared w/ Swim Lessons

Health Beat – Maucker Union

M – Th 6:30 am - 6:30 pm
F 11:00 am - 2:00 pm

(hours resume Jan. 8-closed MLK day, Jan. 15)