Wellness/Recreation Center and Health Beat
Fall Hours effective August 18, 2018

Labor Day Weekend: WRC closes at 8:00 pm, Friday, August 31. Saturday, Sunday and Monday hours TBD. Health Beat will be closed Monday, Sept. 3.

Note: The WRC will close at 1:00 pm on home football game Saturdays (the pools and climbing wall will not open).

Homecoming Weekend: The WRC will be closed, Saturday, October 20th.

Thanksgiving Week: Check Recreation Services website for Thanksgiving week hours.

Wellness/Recreation Center (Family Fee’s apply during Family Hours)

Activity Courts, Racquetball Courts, Fitness Area and Track:
- M-Th 6:00 am - 8:00 am
- 12:00 pm - 1:00 pm
- 3:00 pm - 11:00 pm
- F 6:00 am - 8:00 pm
- Sa 8:00 am - 6:00 pm
- Su 1:00 pm - 11:00 pm

Free Weight Room:
- M-F 6:00 am - 8:00 am
- M-Th 12:00 pm - 10:00 pm
- F 12:00 pm - 5:00 pm
- Sa 1:00 pm - 6:00 pm
- Su 3:00 pm - 10:00 pm

Leisure Pool:
- M-Th 7:00 pm - 10:00 pm
- F 5:00 pm - 7:30 pm
- Sa 12:00 pm - 5:00 pm
- Su 3:00 pm - 8:00 pm

Lap Pool:
- M/W/F 6:00 am - 7:50 am
- M-F 11:30 am - 1:00 pm
- M-Th 5:00 pm - 9:00 pm
- F 5:00 pm - 7:30 pm
- Sa 12:00 pm - 5:00 pm
- Su 3:00 pm - 8:00 pm

Outdoor Recreation Office:
- M &F 9:00 am - 5:00 pm
- T, W, Th 12:00 - 5:00 pm

Health Beat-Maucker Union
- M-TH 11:00 am – 6:30 pm
- F CLOSED

Family Hours:
- F 5:00 pm - 8:00 pm
- Sa 8:00 am - 6:00 pm
- Su 1:00 pm - 8:00 pm

Additional hours:
- Thanksgiving week

Climbing Wall:
- M-Th 4:00 pm - 10:00 pm
- F 4:00 pm - 8:00 pm
- Sa 1:00 pm - 5:00 pm
- Su 7:00 pm - 10:00 pm

Pools and Climbing Wall closed on Saturdays of home football games.

* Pool shared w/ KAHHS class T&TH 12:30-1:00

**Pool shared w/ other programs or groups

***Pools and Climbing Wall closed on Saturdays of home football games.