Wellness/Recreation Center and Health Beat
Fall Hours effective August 18, 2018

Labor Day Weekend:  WRC closes at 8:00 pm, Friday, August 31. Saturday, Sunday and Monday hours TBD. Health Beat will be closed Monday, Sept. 3.

Note: The WRC will close at 1:00 pm on home football game Saturdays (the pools and climbing wall will not open)...The Health Beat will be open Saturdays of home football games 1:00-5:00pm

Homecoming Weekend: The WRC will be closed, Saturday, October 20th.

Thanksgiving Week: Check Recreation Services website for Thanksgiving week hours.

Wellness/Recreation Center (Family Fee’s apply during Family Hours)

Activity Courts, Racquetball Courts, Fitness Area and Track:
M-Th 6:00 am - 8:00 am
    12:00 pm - 1:00 pm
    3:00 pm - 11:00 pm
F 6:00 am - 8:00 pm
Sa 8:00 am - 6:00 pm
Su 1:00 pm - 11:00 pm

Free Weight Room:
M-F 6:00 am - 8:00 am
M-Th 12:00 pm - 10:00 pm
F 12:00 pm - 5:00 pm
Sa 1:00 pm - 6:00 pm
Su 3:00 pm - 10:00 pm

Leisure Pool:
M-Th 7:00 pm - 10:00 pm
F 5:00 pm - 7:30 pm
Sa 12:00 pm - 5:00 pm***
Su 3:00 pm - 8:00 pm

Outdoor Recreation Office:
M &F 9:00 am - 5:00 pm
T, W, Th 12:00 - 5:00 pm

Climbing Wall:
M-Th 4:00 pm - 10:00 pm
F 4:00 pm - 8:00 pm
Sa 1:00 pm - 5:00 pm**
Su 7:00 pm - 10:00 pm

Lap Pool:
M/W/F 6:00 am - 7:50 am
M-F 11:30 am - 1:00 pm*
M-Th 5:00 pm - 9:00 pm**
F 5:00 pm - 7:30 pm
Sa 12:00 pm - 5:00 pm***
Su 3:00 pm - 8:00 pm

Health Beat-Maucker Union
M-TH 6:30 am – 6:30 pm
F 11:00 am – 2:00 pm
The Health Beat will be open Saturdays of home football games 1:00-5:00pm

* Pool shared w/ HPELS class until 12:00 pm
**Pool shared w/ other programs or groups
***Pools and Climbing Wall closed on Saturdays of home football games.