

Wellness/Recreation Center and Health Beat

Fall Hours effective August 19, 2017

Labor Day Weekend: WRC closes at 8:00 pm, Friday, September 1. Saturday, Sunday and Monday hours TBD. Health Beat will be closed Monday, Sept. 4.

Note: The WRC will close at 1:00 pm on home football game Saturdays (the pools and climbing wall will not open)...The Health Beat will be open Saturdays of home football games 1:00-5:00pm

Homecoming Weekend: The WRC will be closed, Saturday, October 7th.

Thanksgiving Week: Check Recreation Services website for Thanksgiving week hours.

Wellness/Recreation Center (Family Fee's apply during Family Hours)

Activity Courts, Racquetball Courts, Fitness Area and Track:

M-Th 6:00 am - 8:00 am
12:00 pm - 1:00 pm
3:00 pm - 11:00 pm
F 6:00 am - 8:00 pm
Sa 8:00 am - 6:00 pm
Su 1:00 pm - 11:00 pm

Family Hours:

F 5:00 pm - 8:00 pm
Sa 8:00 am - 6:00 pm
Su 1:00 pm - 8:00 pm
Additional hours
Thanksgiving week

Free Weight Room:

M-F 6:00 am - 8:00 am
M-Th 12:00 pm - 10:00 pm
F 12:00 pm - 5:00 pm
Sa 1:00 pm - 6:00 pm
Su 3:00 pm - 10:00 pm

Climbing Wall:

M-Th 4:00 pm - 10:00 pm
F 4:00 pm - 8:00 pm
Sa 1:00 pm - 5:00 pm***
Su 7:00 pm - 10:00 pm

Leisure Pool:

M-Th 7:00 pm - 10:00 pm
F 5:00 pm - 7:30 pm
Sa 12:00 pm - 5:00 pm***
Su 3:00 pm - 8:00 pm

Lap Pool:

M/W/F 6:00 am - 7:50 am
M-F 11:30 am - 1:00 pm*
M-Th 5:00 pm - 9:00 pm**
F 5:00 pm - 7:30pm
Sa 12:00 pm - 5:00 pm***
Su 3:00 pm - 8:00 pm

Outdoor Recreation Office:

M & F 9:00 am - 5:00 pm
T, W, Th 12:00 - 5:00 pm

* Pool shared w/ HPELS class until 12:00 pm

**Pool shared w/ other programs or groups

***Pools and Climbing Wall closed on Saturdays of home football games.

Wellness Resource Lab:

M-F 8:00 am - 5:00 pm

Health Beat-Maucker Union

M-TH 6:30 am - 6:30 pm
F 11:00 am - 2:00 pm

The Health Beat will be open Saturdays of home football games 1:00-5:00pm