Wellness/Recreation Center and Health Beat Hours  
Spring 2016  
(spring semester hours begin Sunday, January 10, at 5:00pm)

**WRC open MLK, Jr. Day:**  Monday, January 18, 6:00 am – 11:00 pm

**Spring Break hours:**  March 14-18, 6:00 am – 6:30 pm (WRC closed March 12, 13 and 19) Resume spring semester hours, Sunday, March 20 at 5:00pm

**Easter weekend:**  Sat., March 26, TBD & Sun., March 27, 5:00 - 11:00 pm

Wellness/Recreation Center  (Family Fees apply during Family hours)

Activity Courts, Racquetball Courts, Fitness Area and Track:

- **Family Hours:**
  - F 5:00 pm - 8:00 pm
  - Sa 8:00 am - 6:00 pm
  - Su 1:00 pm - 8:00 pm

Free Weight Room:

- **M-F 6:00 am - 8:00 am**
- **M-Th 12:00 pm - 10:00 pm**
- **F 12:00 pm - 5:00 pm**
- **Sa 1:00 pm - 6:00 pm**
- **Su 3:00 pm - 10:00 pm**

Climbing Wall:

- **M-Th 4:00 pm - 10:00 pm**
- **F 4:00 pm - 8:00 pm**
- **Sa 1:00 pm - 5:00 pm**
- **Su 7:00 pm - 10:00 pm**

Leisure Pool:

- **M-Th 7:00 pm - 10:00 pm**
- **F 5:00 pm - 7:30 pm**
- **Sa 12:00 pm - 5:00 pm**
- **Su 3:00 pm - 8:00 pm**

Lap Pool:

- **M/W/F 6:00 am - 7:50 am**
- **M-F 11:30 am - 1:00 pm**
- **M-Th 5:00 pm - 9:00 pm**
- **F 5:00 pm - 7:30 pm**
- **Sa 12:00 pm - 5:00 pm**
- **Su 3:00 pm - 8:00 pm**

Outdoor Recreation Office:

- **M & F 9:00 am - 5:00 pm**
- **T,W,Th 12:00 – 5:00 pm**

Health Beat – Maucker Union

- **M – Th 6:30 am - 6:30 pm**
- **F 11:00 am - 2:00 pm**

(hours resume Jan. 11-closed MLK day, Jan. 18)