Step by step instructions for signing up for an individual sport

*If at any point you have questions click the “We are Online, Live Chat” button and a representative from the site will walk you through it.*

Create an account
- Go to www.imleagues.com
- Click “Create Account” in upper right hand corner
- Fill out required information (Name, Email, etc.)
- *Make sure you use your UNI email address*
- Click “Sign Up”
- You will now need to go to your email and open the email sent from IMLeagues
- Follow the link provided in the email, this will take you to your home page on IMLeagues

To sign up for a league
- Click “Create Team”
- Choose the league you would like to join (Co-Rec, Men’s A, Women’s A, etc.)
- Choose days/time you would like to play on (M/W 6:30pm, T/TH 8:10pm, etc.)
  - For sports such as Tennis, Ping-Pong, etc. where you play on your own there won’t be time slots just different divisions just sign up for the first available division.
- Click “Create Team” button (button is orange)
- Enter required information (Team Name, Student ID, Etc.)
- *Make sure to enter phone number and check the box, allow updates to be sent via text message*

*If you are on playing for All-Sport Championship points you must put your Organization/House name as your team name.*

Reminders
- You must still fill out a green forfeit form in the Intramural Office (WRC 161) (Check the “Sports Requiring Forfeit Sheets” link in the “Manuals and Handbooks” section on the left of the screen on the University of Northern Iowa’s home page on IMLeagues)

*If at any point you have questions click the “We are Online, Live Chat” button and a representative from the site will walk you through it.*