CPR/AED for the Professional Rescuer
12pm – 6pm, April 10, WRC 150
$90 – UNI Student
$95 – Non-UNI Student
This course provides the skills needed to respond appropriately to breathing and cardiac emergencies. This includes the use of automated external defibrillation to care for victims of cardiac arrest.

CPR/AED for the Professional Rescuer – Review
5pm – 9pm, April 13, WRC 150
$60 – UNI Student
$65 – Non-UNI Student
This course is a renewal for those who hold a current (within 30 days) CPR/AED for the professional rescuer certificate (or equivalent).

Combo Class – Save $30!
CPR/AED for the Professional Rescuer, First Aid, and Bloodborne Pathogens
11am – 6pm, February 20, WRC 150
8am – 3pm, April 9, WRC 150
$145 – UNI Student
$160 – Non-UNI Student
This course will combine CPR/AED for the Professional Rescuer, First Aid, and Bloodborne Pathogens Training: Preventing Disease Transmission. By taking this course you will receive three separate certifications.

Community CPR
(Adult, Child, and Infant CPR/AED)
5pm – 9pm, March 21, WRC 150
$80 – UNI Student
$85 – Non-UNI Student
Gain the skills necessary to prevent, recognize and provide basic care for breathing and cardiac emergencies in adults, children, and infants until EMS arrives.

First Aid
5pm – 8pm, February 28, WRC 150
$55 – UNI Student
$60 – Non-UNI Student
Provides the knowledge and skills necessary to recognize and provide basic first aid care for injuries and sudden illnesses until EMS arrives.

Babysitter Training
8am – 6pm, January 14, WRC 150
$65 – UNI Student
$70 – Non-UNI Student
This course provides youth who are planning to babysit, with the knowledge and skills necessary to safely and responsibly give care to children and infants on land, as well as in and around water. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and other safe; help children behave; give children basic water safety skills and knowledge; and learn about basic childcare and first aid.

Lifeguard Training |
February 4 – 6, March 4 – 6, April 1 – 3, April 22 – 24, April 29 – May 1, May 12 – 15, or May 20 – 22
Friday, 4pm – 10pm, WRC 150
Saturday, 8am – 8pm, WRC 150
Sunday, 8am – 6pm, WRC 150
$185 – UNI Student
$195 – Non-UNI Student
The lifeguarding program provides participants with knowledge and skills to prevent, recognize, and respond to aquatic emergencies. It also includes training in First Aid and CPR/AED for the Professional Rescuer. Must be at least 15 years of age before the end of the course.

Lifeguard Training – Review
January 30, February 27, May 7
8am – 8pm, WRC 150
$105 – UNI Student
$110 – Non-UNI Student
This course is a renewal for those who hold a current (within 30 days) lifeguarding/CPR/AED/First Aid certificate. Includes CPR/AED and First Aid.

Junior Lifeguard Training
8am – 8pm, April 3, WRC 150
$105 – UNI Student
$110 – Non-UNI Student
This course provides youth a foundation of aquatic and leadership knowledge, attitudes, and skills for future successful completion of the Red Cross Lifeguarding courses. Objectives that will be covered include prevention of accidents, fitness, rescue responses, leadership, and professionalism. Junior Lifeguarding is designed for youth ages 11 to 14 years. To participate in Junior Lifeguarding, a swim pretest is required. The pretest consists of a 25 yard front crawl swim with proper breathing, treading water for 1 minute, and swimming 10 feet underwater.

‡ Students must attend all three days to receive certification.

Questions? Contact me!
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Swim Lessons & Certifications
Program Assistant
(319) 273-7263
swimlessons@uni.edu
recreation.uni.edu/aquatics

REGISTER NOW to save lives! Gain skills and certification through private group classes, which are offered for most courses through Recreation Services. Classes can be held at the WRC or at your location on campus. To schedule a class, please call UNI Aquatics in the WRC office at (319) 273-7263.